



2024 SAA-DALLAS SWIMMER & VOLUNTEER PACKET

EVENT TIMELINE

*Event Day Schedule is subject to change. **Please arrive before check in closes at 8:15 am.**

Event Day Timeline
7:30 am: Registration Opens (Closes at 8:15 am)
8:00 am: Mandatory Safety Meeting for Water Volunteers
8:15 am: Welcome and Olympian Introductions
8:20 am: Awards and Check Presentation
8:35 am: Why I Swim Testimonials
8:40 am: Mandatory Safety Meeting
8:50 am: Group Photo and River Rock Toss
9:00 am: Swims Start Based on Distance
9:30 am: Post Swim Food Available

Course cutoff time is 10:30 am.

VENUE & COURSE MAP

Location

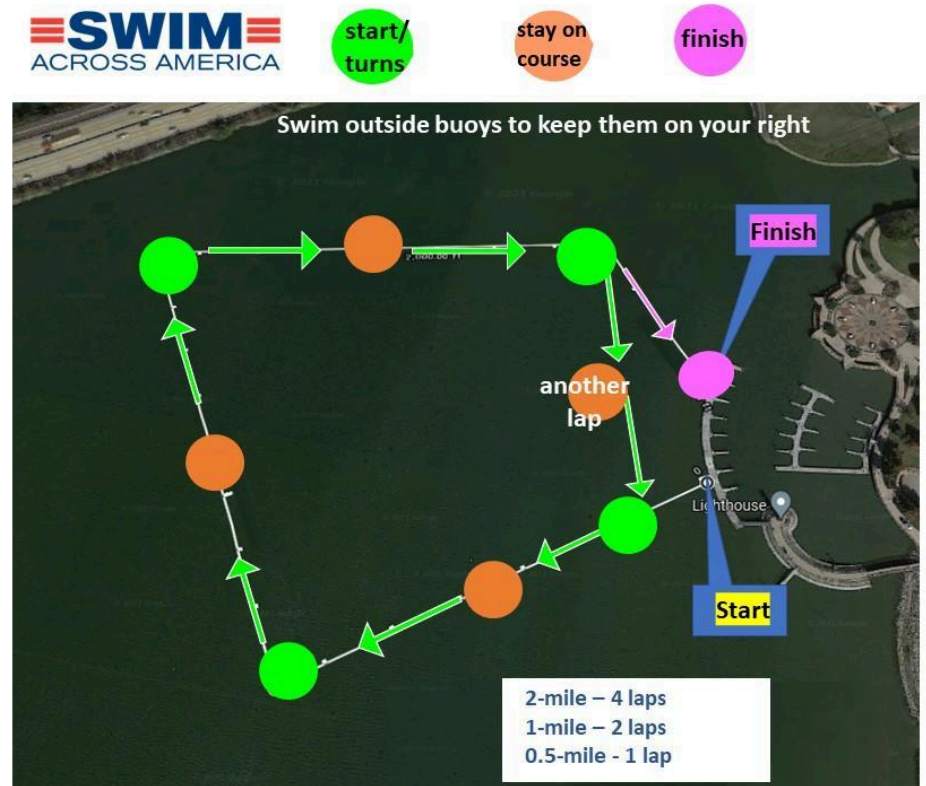
[Lake Ray Hubbard](#)

2074 Summer Lee Drive
Rockwall, TX 75032

Parking

Parking is available at 2074 Summer Lee Drive the morning of the event.

Course Map



CHECK-IN & WHAT TO BRING

Upon arrival at 7:30 am, please park and proceed directly to the SAA Village, where you will find the Registration Area, which will be clearly marked. **Swimmer registration opens at 7:30 am and closes at 8:15 am.**

Be sure to follow the signs and check in *as soon as you arrive* to receive your cap, safety chip, t-shirt and get body marked. **All swimmers and volunteers must check in and sign a [waiver](#).**

Once checked in, we invite you to grab some food & water, visit our Tattoo Table, grab your river rock for your loved one, enter the Wavemaker Tent (for our Wavemakers!) and relax among friends. Be sure to tag **@dallassaa** when you post pics!

What to Bring

1. **WAIVER** - Please print, fill out LEGIBLY and COMPLETELY and bring with you in order to swim. If you are under 18, your legal guardian must sign your waiver. [Click here for waiver form.](#)
2. **DONATIONS**- Please bring any additional donations you have in a sealed envelope labeled with your name clearly written on it, as well as the total amount, to present at Registration check in. We also accept credit card donations.
3. **ADDITIONAL ITEMS** - Swimsuit, 2 pair of goggles, sunscreen and a smile!

BAG CHECK - We will have a bag check for you to keep your personal items during the swim.

Each finisher will receive a **beach towel** when they come out of the water!

Communication - Important! Please follow us on social media to get weather-related event changes.

Any updates leading up to the event will be posted on the SAA - Dallas [website](#), [Facebook page](#) and [Instagram page](#). Be sure to follow us if you are not doing so already! Additionally, in the event of a cancellation due to extreme weather or unexpected circumstances, an email will be sent out to all participants as quickly as possible. Additional event information is available on our website but is not updated as rapidly as on our social media feeds.

VOLUNTEERS

Thank you for helping us Make Waves to Fight Cancer!

Upon arrival, please park and proceed directly to the SAA Village, where you will find the Registration Area and a dedicated Volunteer Check-in table. **All volunteers must check in and sign a [waiver](#).**

Land Volunteers: Arrival time for land volunteers depends on your role. This week, you will receive an email with your arrival time and job assignments. **Please follow the time listed in the assignment email.** Should you have any questions or need to update us on your status for Saturday, please email [Susan Sayles](#) ASAP.

Water Volunteers: Arrival time is **7:00 am** to allow for enough time to check in at Registration, sign a waiver, and prepare your vessel. **There is a mandatory water safety meeting at 8:00 am.** Water volunteers that are kayakers are encouraged to bring their own kayak and lifejacket if available. You should have received a call and an email with specific information in regards to your role and where to deploy your vessel. Should you have any questions or need to update us on your status for Saturday, please email [Tim](#) or [the SAA-Dallas committee](#) immediately.

SAFETY

Safety is our top priority at all SAA events, and we ask that you comply with all SAA safety personnel and procedures*.

- **All swimmers are required to sign a waiver at Registration Check-in.**
- 18 & under swimmers -- You must have a parent/guardian sign your [waiver](#). We recommend that you print the waiver IN ADVANCE, have a parent/guardian fill out, sign the waiver and bring the completed waiver with you to Registration check-in.
- **All swimmers are required to attend the Mandatory Safety Talk just prior to the swim.**
- **All swimmers are required to wear the safety chip distributed at check-in.**
- All swimmers must wear the correct cap color assigned at registration. (Cap colors coordinate with distance and pace groupings.)
- All swimmers must be body marked on each shoulder and hand.
- All swim distance groups will begin at the direction of the Event Safety Liaison. For the safety of ALL, swimmers should only enter the water when specifically instructed to do so by SAA personnel.
- Participants are **not permitted** to use Mp3 players, headphones, or any device that could impede hearing while swimming or on the course at any time.
- Participants are **not permitted** to use fins, paddles, buoys, and/or kickboards at Swim Across America open water events. Equipment may be used with approval from the [National Safety Director](#), local safety director, or event director.
- Snorkels may be used with approval from the National Safety Director or local safety director.
- Swim Across America-provided safe swimming buoys are recommended, however, are not considered life saving devices.
- All swimmers must adhere to the discretion of SAA safety personnel*.
- **All swimmers are required to visit the check-out table after swimming** to ensure proper sign out and return of safety chip to ensure that ALL Swimmers are properly accounted for after the event. Spectators are not permitted inside the start/finish chute unless otherwise approved.
- Angel Swimmers will be present to help support swimmers who feel less comfortable in open water. If you are concerned about your ability to swim in open water, please [contact us](#) ASAP.

*Swim Across America reserves the right to remove or move a swimmer's position along the course via approved safety methods and as personnel deems appropriate, or make other operational changes, as needed. All swimmers must follow the direction of both National and local Swim Across America personnel. Noncompliance that endangers the participant or others may make the participant ineligible to participate in future Swim Across America events.

POLICIES

Water Temperature and Wetsuit Policy

Expected water temperature is around 80 degrees. Wetsuits are allowed **by approval only**.

Inclement Weather Policy

The safety of our events is our top priority. Due to the nature of open water swimming events taking place outdoors, safety concerns, including inclement weather, can necessitate a change to the original event plan. In the event of adverse weather conditions, the Event Director and Safety Coordinator, in conjunction with SAA National, local safety entities and/or law enforcement, may delay the event, modify the course, cancel the event, or move venue location. If safety concerns necessitate a change to the original event plan, Swim Across America will promptly notify participants via the event website, email and social media.

**2 Mile Swimmers Time Policy

Due to time restrictions placed upon the safety provide by the EMTs, the Dallas Police Department, and the Game & Fish officers, if you are swimming the 2-mile and have not completed 3 of your ½-mile laps by the time 1 hour has elapsed from the start of your swim, you will need to exit following the completion of your 3rd lap and **won't be permitted** to start your 4th lap.

If you have questions about our policies regarding inclement weather, swim equipment or wetsuits, please consult our [Policies page](#).

FUNDRAISING REMINDERS & TOOLS

Fundraising Reminders

Thanks to all of you for your fabulous fundraising efforts so far! Please remember that this event is about 'Making Waves to Fight Cancer' and the commitment you made to meet the **fundraising minimum** when you registered for the event. (Swimmers 18 years of age and over: \$500; Swimmers under 18 and college students: \$200)

Please bring any donated checks delivered directly to you or cash in a secure envelope with your name, amount, and donor details to the swim on Saturday. We also accept Apple Pay, check(s), cash or credit cards on event day.

Fundraising Made Easy

Here are some [great ideas](#) and [fundraising resources](#) any participant can use to improve their fundraising. Did you know most employers have a matching gifts program? Ask donors to check our [matching gifts](#) portal to see if they qualify.

New! SAA Good Move Fundraising App

Fundraising gets easier with the new [Good Move App](#). With a few clicks, you can reach out to your donor contacts via text message, email or social networks and have a larger impact. Don't wait - [download](#) today!

Be A WaveMaker at Your Swim

This year we are pulling out all the stops for our \$1,000+ fundraisers known as our WAVEMAKERS! If you have raised \$1,000 by Saturday, you are a WAVEMAKER! Make sure to stop by our **WaveMaker table** to get your [special SAA WaveMaker prize](#).

Get Social on Event Day and Win with @Block.Cancer and Elizabeth Beisel

Swim Across America and Block Cancer are proud to [partner](#) to offer an amazing giveaway to one lucky participant from each of our community charity swims in 2024. The rules are simple: post your best photos from the event on Instagram and tag [@saaswim](#) and [@block.cancer](#). One winner will receive a Block Cancer Ted hoodie and Army Green beanie.

YOUR IMPACT

SAA-Dallas funds support early detection and innovative clinical trials at the Swim Across America Innovative Clinical Trials Center (ICTC) at Baylor [Charles A. Sammons Cancer Center](#). Established in 2011, SAA - Dallas has raised over \$3.5 million for our beneficiary. Thank you for your support of cancer care in Dallas.

Read about the research projects funded by SAA-Dallas in the latest [impact report](#).

RESEARCH MILESTONE! Funds from our community swim support Dr. Ronan Kelly who leads the [Texas Multi-Cancer Early Detection](#) (MCED) program. The program aims to intercept cancers earlier, when treatment may be more effective, and includes approximately 50,000 MCED tests being administered to patients across North Texas. The program has officially enrolled its first patients!

"This is a whole new era in which we can detect cancers even before a scan, giving us a chance to intercept cancer earlier than ever before," said Dr. Kelly.

Learn more about our beneficiary and your impact [here](#) or on the SAA-Dallas [homepage](#).

